



# East Sussex Cycling Association

2021 President Peter Moon – Eastbourne Rovers CC

ESCA 10m Time Trial – Saturday 10th September 2022 – G10/87

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations



## Start Sheet

**Event Secretary** Pip Jenkins(1904RT)

Email: [Pip.Jenkins88@gmail.com](mailto:Pip.Jenkins88@gmail.com) Mobile: 07938558894

**Timekeepers** **Peter Moon** (Eastbourne Rovers CC) and **Doug Finch** (Southborough and District Wheelers)

## General Information

### Event HQ

East Hoathly Sports Pavilion, London Road East Hoathly, East Sussex BN8 6QE – Open from 6:00am. Heading north on the A22, turn right; heading south turn left at The Shaw Roundabout into London Road. The HQ is on the right, just before the village.

**Please show respect to local residents in the village with no shouting within earshot of houses, considerate parking and no turbo trainers to be used east of the carpark entrance on London Road or within 50 metres of a domestic property. There have been a number of adverse comments about cycling events in the local Facebook Group, so please take care.**

### Event HQ open for access to main hall and refreshments

We have access to the main hall, using the doors that open out to the cricket pitch on the far side from the car park. Coffee, teas and light refreshments available.

### Car Parking

There is limited parking in the Sports Pavilion car park, when full please park sensibly on London Road by preference please park on the west side of the road i.e. towards the Shaw Roundabout, with consideration for other road users and local residents.

### Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. If pinning your number please only use the eyelets, and please do not use additional pins as it tears the number.

### Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

### Start

The start is less than a mile from the Sports Pavilion. Proceed out of the car park and either: turn right, and continue round the sharp right bend to South Street and towards the A22, or turn left, and then turn left at The Shaw roundabout on to the A22 and then left again into South Street.

## Prize List

### Fastest Overall

First	£30.00
Second	£20.00

### Fastest Lady

First	£30.00
Second	£20.00

### Fastest Jun / Juv

First	£20.00
Second	£10.00

### Fastest Team of 3

First	£10.00 each
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### Riders Be Aware

Generally the road is in good repair however there are some sections where care must be taken:

Approximately 400 metres after the start the left hand side of the road has a rough section and some holes.

On the return leg, at about mile 7.5 there are a number of holes in the left hand side of the road including some long cracks until the last large corner before the finish, by the Thatched Garage.

### Signing Out

Please note that all competitors are required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

### Finding your times using ResultSheet.co.uk

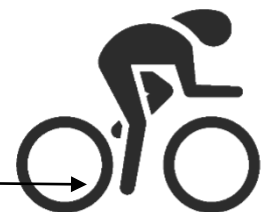
We will be using ResultSheet so times will be accessible on smart phones in near real time if all goes well. We have had riders get back to the HQ switch their phone on and pick up their time straight away, but there can be a time lag of 15 minutes or more.

The link to the online result sheet is:

There will be a QR code available at the sign in / sign out desk which will take you to the results.

## Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations now require the use of a helmet that meets internationally accepted safety standards for **all competitors**. **NOTE THIS IS A NEW REGULATION FOR 2022**
- **Parental Consent Forms** Under 18 age entries must download and complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your helmet and lights. No helmet, no lights, no parental consent, no ride.
- **Lights** CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a **working rear red light, and to the front of their machine a working front white light**, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users. **NOTE THIS IS A NEW REGULATION FOR 2022**..... S.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Audio Equipment** Competitors must not use ANY audio equipment except prescribed hearing aids. A competitor in breach of this regulation shall be disqualified. Competitors must not use a mobile phone while mounted on their machines.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



Please pin  
number here

timekeepers. No

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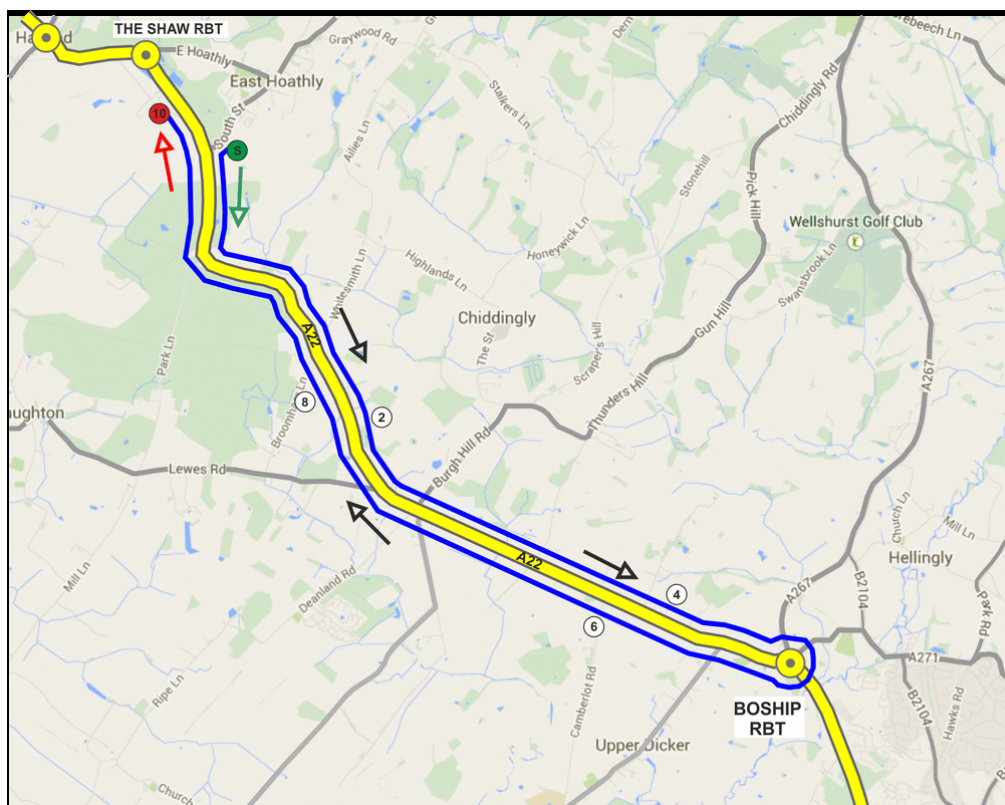
# Course Details

## G10/87 – East Hoathly – Whitesmith – Golden Cross - Boship – A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website [www.sussexca.org.uk/g1087.html](http://www.sussexca.org.uk/g1087.html)

OS Ref	Course G10/87	Distance
TQ517156	<b>START</b> in South Street, East Hoathly, at red arrow at drain 28 yards before T junction with East Hoathly by-pass	00.00m
TQ572112	<b>LEFT</b> and follow A22 through Whitesmith and Golden Cross to Boship RBT where <b>TURN</b> (Check)	04.90m
TQ513162	<b>4th exit</b> and retrace on A22 through Golden Cross and Whitesmith to <b>FINISH</b> at red arrow at second drain past field gate on East Hoathly by-pass just before first footpath crossing and 334 yards past right turn (South Street) for East Hoathly.	10.00m



## Additional Safety Instructions

- Competitors must exercise extra care when turning LEFT just after Start and at the Boship roundabout
- **No 'U' turns after finishing or riders will be disqualified** – after finishing, competitors MUST continue to The Shaw roundabout and take second exit (RIGHT) to return to Event HQ at East Hoathly Sports Pavilion.

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### Order of Start

Race No.	Start Time	Rider	Rider	Club	Gender	Category
1	07:01:00					
2	07:02:00	Robert	Lovett	Team TMC	Male	Senior
3	07:03:00	Mark	Gidney	Southborough & Dist. Whs	Male	Vet
4	07:04:00	Chris	Parker	Hastings & St. Leonards CC	Male	Vet
5	07:05:00	James	Bullen	trainSharp Development Team	Male	Senior
6	07:06:00	Robert	Royle-Evatt	Addiscombe CC	Male	Vet
7	07:07:00	Adam	Rogers	Eastbourne Rovers CC	Male	Vet
8	07:08:00	Gareth	Purves	Hastings & St. Leonards CC	Male	Vet
9	07:09:00	Tim	Coogan	East Grinstead Tri Club	Male	Senior
10	07:10:00	Mark	Bashford	East Grinstead CC	Male	Senior
11	07:11:00	Paul	Tippett	Crawley Wheelers	Male	Vet
12	07:12:00	Kimberley	Garrett	Caesarean CC (Jersey)	Female	Senior
13	07:13:00	Jonathan	Baker	VTTA (Surrey/ Sussex)	Male	Vet
14	07:14:00	Erica	Martin	Eastbourne Rovers CC	Female	Vet
15	07:15:00	James	Garrett	Caesarean CC (Jersey)	Male	Vet
16	07:16:00	Sam	Dix	trainSharp	Male	Vet
17	07:17:00	John	McDonald	trainSharp	Male	Vet
18	07:18:00	Anita	Turner	Eastbourne Rovers CC	Female	Vet
19	07:19:00	Julia	Barte	1904RT	Female	Senior
20	07:20:00	Matthew	Woods	Eastbourne Rovers CC	Male	Vet
21	07:21:00	Connor	Murphy	trainSharp	Male	Senior
22	07:22:00	Brian	Molloy	Brighton Excelsior CC	Male	Vet
23	07:23:00	Clint	Allen	Lewes Wanderers CC	Male	Vet
24	07:24:00	Samuel	Benge	Hastings & St. Leonards CC	Male	Senior
25	07:25:00	Joe	Benians	Lewes Wanderers CC	Male	Senior
26	07:26:00	Richard	Burchett	Lewes Wanderers CC	Male	Vet
27	07:27:00	Gavin	Richards	Lewes Wanderers CC	Male	Vet
28	07:28:00	Joe	Kingsman	Hastings & St. Leonards CC	Male	Senior
29	07:29:00	Alice	Connor	Team TMC	Female	Senior
30	07:30:00	Simon	McNamara	HuntBikeWheels.com	Male	Vet
31	07:31:00	Nathan	Russell	trainSharp	Male	Senior
32	07:32:00	James	Ellis	Onyx RT	Male	Vet
33	07:33:00	Malcolm	Daly	Hastings & St. Leonards CC	Male	Vet
34	07:34:00	Matthew	Butt	Team TMC	Male	Senior
35	07:35:00	David	Clark	Eastbourne Rovers CC	Male	Vet
36	07:36:00	Pip	Jenkins	1904RT	Female	Senior
37	07:37:00	Christian	Yates	East Grinstead CC	Male	Vet
38	07:38:00	Lee	Holdaway	Hastings & St. Leonards CC	Male	Vet
39	07:39:00	Lawrence	Wintergold	Hounslow & District Whs	Male	Vet
40	07:40:00	Christopher	McNamara	Nuun-Sigma Sport-London RT	Male	Vet

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### **ESCA Prize Money pay out, and donations to charity**

Several ESCA affiliated clubs donate funds to a charity, with riders that win prize money adding their winnings to the pot. In 2022 ESCA will, as in 2021, be selecting a charity e.g. Air Ambulance Kent Surrey Sussex, who have airlifted injured cyclists to hospital, and making an end of season donation. Any ESCA Prize winner that wishes to donate their winnings to the ESCA pot can let the Event Organiser know. Any unclaimed prizes will also go into the pot.

Cash prizes for the top three riders in each category will be presented in the HQ straight after the event. The result sheet will list all the cash prize winners and any that have left early will be advised that if they wish to claim their prize money they need to contact the Event Organiser to arrange means of payment. The preferred method of payment is by PayPal. Otherwise please give your account number and sort code and exact name of the holder(s) so that the account details can be verified for a BACS transfer. pot.

### **Keep up to date with what's going on with time trialling in Sussex ...**

<b>East Sussex CA</b>	Website	<a href="http://www.eastsussexca.org.uk/">www.eastsussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/EastSussexCA/">www.facebook.com/groups/EastSussexCA/</a>
<b>Sussex CA</b>	Website	<a href="http://www.sussexca.org.uk/">www.sussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/SussexCA/">www.facebook.com/groups/SussexCA/</a>